1. Greetings (Saludos) Duration: 2:44

Vocals-Ana L. Divins; Lyrics Composer-Irania Macías Patterson; Keyboard and Musical Arrangements-Fred Figueroa

Welcome to Expresiones good morning to you!

Buenos días, a ti Buenos días, a ti Buenos días, buenos días Buenos días, a ti. (Repeat it all)

Now let's practice "Hello to you"

Hola, hola, a ti Hola, hola, a ti Hola, hola, hola, hola, Hola, hola, a ti, (Repeat it all)

Now let's say good afternoon to you

Buenas tardes, a ti Buenas tardes, a ti Buenas tardes, buenas tardes Buenas tardes, a ti. (Repeat it all)

And at night when we are going to sleep we say...

Buenas noches, a ti Buenas noches, a ti Buenas noches, buenas noches, Buenas noches a ti. (Repeat it all)

2. Criss Cross Mangosauce Duration: 0:54

Vocals-Ana L. Divins, Nicholas Divins, N. Sofia Divins, Lyrics composer-Irania Macías Patterson; Keyboard and Musical Arrangements-Fred Figueroa

Criss cross mangosauce Criss cross mangosauce Uno, dos, I like to play Uno, dos, jugar, jugar

Criss cross mangosauce Criss cross mangosauce Uno, dos, I like to sing Uno, dos, cantar, cantar

Criss cross mangosauce Criss cross mangosauce Uno, dos, I like to dance Uno, dos, bailar, bailar Criss cross mangosauce Criss cross mangosauce Uno, dos, mangosauce Clap, clap, mangosauce Criss cross mangosauce Criss cross mangosauce...

3. I Am Turning All Around (Doy vueltas) Duration: 3:04

Vocals-Ana L. Divins; Traditional Song, Lyrics Adapter and Additional Lyrics Composer-Irania Macías Patterson; Keyboard and Musical Arrangements-Fred Figueroa

Doy vueltas, vueltas, vueltas, Doy vueltas sin parar, I am turning, turning, turning, I am turning all around, And then I stop, y ya no más!

Doy vueltas, vueltas, vueltas, Doy vueltas sin parar Doy vueltas, vueltas, Doy vueltas sin parar, Doy vueltas vueltas, vueltas, van o más!

Yo salto, salto, salto, Yo salto sin parar, I am jumping, jumping, jumping I am jumping all around, And then I stop, v va no más!

Yo salto, salto, salto, Yo salto sin parar Yo salto, salto, salto, Yo salto sin parar Yo salto, salto, salto y ya no más!

Yo bailo, bailo, bailo Yo bailo sin parar, I am dancing, dancing, dancing I am dancing all around, And then I stop, y ya no más!

Yo bailo, bailo, bailo Yo bailo sin parar, Yo bailo, bailo, bailo, Yo bailo sin parar, Yo bailo, bailo, bailo, y ya no más!

Me muevo lentamente Me muevo sin parar, I am moving very slowly, I am moving all around, And then I stop, y ya no más! Me muevo lentamente,

Me muevo lentamente,

Me muevo sin parar

Me muevo lentamente y ya no más!

Let's do it all

Yo bailo, bailo, bailo, yo salto, salto, salto,

Doy vueltas, vueltas, vueltas

Me muevo lentamente,

4. Where are you? (Dónde estás?) Duration: 2:05

Vocals-Ana L. Divins, Nicholas Divins, N. Sofia Divins; Traditional Song, Lyrics Adapter and Additional Lyrics Composer-Irania Macias Patterson; Keyboard and Musical Arrangements-Fred Figueroa

Let's play hide and seek! Nico, where are you? ¿Donde estás

¿Dónde está Nico? ¿Dónde está Nico?

Hola, hola Nico, hola hola Nico, Ya se ya, ya se ya, ya se ya...

And "ya se va", means that he is going away
How about we look for Soft? Soft, where are you?

aDónde está Sofi? aDónde está Sofi? "Here I am, aquí estoy" Hola, hola Sofi, hola hola Sofi, Ya se ya. ya se ya. ya se ya...

And Sofi is going away
Have you seen Landon? Landon, where are you?

¿Dónde está Landon? ¿Dónde está Landon? "Aquí estoy, here I am" Hola, hola Landon, hola hola Landon, Ya se va. va se va. va se va...

5. Where are you? (Track to play) Duration: 2:10

Vocals-Ana L. Divins; Traditional Song, Lyrics Adapter and Additional Lyrics Composer-Irania Macías Patterson; Keyboard and Musical Arrangements -Fred Figueroa Now, Let's play hide and seek with all of you Now is your turn. Where are you?

After I ask "Donde esta" say your name ... ready?

aDónde está (name)? aDónde está (name)? Aquí está, aquí está ... Hola, hola (name), hola, hola (name) Ya se va, ya se va, ya se va

aDónde está (name)? aDónde está (name)? Aquí está, aquí está ... Hola, hola (name), hola, hola (name) Ya se va. va se va, va se va

abónde está ((name))? abónde está (name))? Agui está, agui está ... Hidia, hola ((name)), hola, hola ((name)) Ya se va, va se va, va se va

6. Five Little Monkeys (Cinco monitos) buratori 2:54
Veels-Ang L Dubing Weelitonel Song, Lydis Adopter and Additional Lydis Composertrans (Nacion Retroom) Reprosed and Musical Arrangements-fred Figueros

Five little monkeys fumping on the bed One fell off and bumped his head Mommy called the doctor and the doctor said No more monkeys fumping on the bed...

Are we ready to sing it in Spanish now? *E little monkeys!*

Cinco monitos saltaban en la cama Uno se calló ...tremendo chichón Mamá llamó al doctor Y el doctor respondió: INo más monos me saltan en la camal

Four little monkeys!

Cuatro monitos saltaban en la cama Uno se calló...tremendo chichón Mamá llamó al doctor y el doctor respondió: iNo más monos me saltan en la cama!

ree little monkeys!

Tres monitos saltaban en la cama Uno se calló...tremendo chichón Mamá llamó al doctor Y el doctor respondió: iNo más monos me saltan en la camal

Two little monkeys!

Dos monitos saltaban en la cama Uno se calló...tremendo chichón Mamá llamó al doctor Y el doctor respondió: iNo más monos me saltan en la cama!

One monkey left!

Un monito saltaba en la cama Uno se calló...tremendo chichón Mamá llamó al doctor El doctor respondió iNo más monos me saltan en la cama!

iNo más monos me saltan en la cama! iNo más monos me saltan en la cama!

7. Open Shut Them (Abre, cierra) Duration: 2:11

Vocals-Ana L. Divins; Traditional Song, Lyrics Adapter and Additional Lyrics Composer-Irania Macías Patterson; Keyboard and Arrangements-Fred Figueroa

Open shut them Open shut them Give a little clap clap clap

Open shut them
Open shut them
Lay them on your lap lap lap
Creep them crawl them creep them crawl them
Right up to your chin, chin, chin
Open up your little mouth, but do not let
them in, in, in

Creep them crawl them creep them crawl them Right back down again Open shut them Open shut them Now our story begins

Abre, cierra, Abre, cierra, Da una palmadita

Abre, cierra, Abre, cierra, Mantenlas juntitas Sube, sube, sube, sube, Hasta la barbilla Abre la boquita pero no metas los dedos

Baja, baja, baja, baja, Baja otra vez, Abre, cierra, Abre, cierra Historias comenzamos.

8. The Chameleon -Bilingual story (El camaleón) Duration: 4:19

Storyteller-Irania Macías Patterson; Vocals-Ana L. Divins; Lyrics composer-Irania Macías Patterson; Keyboard, Acoustic Guitar and Musical Arrangements-Fred Figueroa

Once there was a chameleon, un camaleón, he loved to change into different colors, he was busy all day thinking about how he would look being the sun, el sol, the sky, el cielo, the roses, las rosas, the frogs, las ranas.

The sun was sleeping, and chameleon wanted to wake him up, he looked up at the sun and wanted to be like him, yellow and bright, so he sang to the sun trying to wake him up:

Amarillo, amarillo, amarillo yellow is... Amarillo, amarillo, amarillo yellow is... Amarillo, amarillo, amarillo yellow is...

As he was singing the sun's color, he turned yellow, amarillo.

The sun was laying in his bed, the sky, it was very, very blue. The chameleon, changed his mind and wanted to be as blue as the sky. He knew that his songs will make him turn into the color that he was singing, so he sang:

Azul is blue, the sky like you Azul, azul azuuuuul... Azul is blue, the sky like you Azul, azul azuuuuul...

The sky smiled at him and chameleon became blue, azul

There was a beautiful flower, a rose right next to him, she was the princess of nature. "How wonderful to be red, rojo like the color of the rose. He thought. He took his quitar and sang her a serenade, una serenata, singing to her:

Flower aren't you pretty Beautiful, bonita Rojo is your color Rojo, rojo, rojo Flower aren't you pretty Beautiful, bonita. rojo like the rose And the flower closed her netals, because she was shy...Chameleon continued his search of transformations and he went into the grass, el pasto. It was a little bit wet, and shiny, he heard a "croak, croak," he looked around and found a frog. una rana. looking at him. Te puedes convertir en verde?...Can you turn into green? Asked the frog Si, yes I can And chameleon came up with a new song of course

Verde, verde, green your color and your skin Verde verde verde, green, your color and your skin Verde "croak", verde" croak", your color and your skin. Verde verde, verde, verde, verde, verde, verde, areen...

Fin. The end.... ves that was the end of chameleon. The frog ate the chameleon in one whole bite, and since that day she was called "la rana camaleón" "the chameleon frog". And believe it or no, when the frog jumps it can not stop turning into colors: amarillos, azules, verdes, rojos, and I've heard, she can sing songs too.

9. Hokey Pokey puration: 2:09

Vocals-Ana L. Divins: Traditional Song, Lyrics Adapter and Additional Lyrics Composer-Trania Macias Patterson: Keyboard and Musical Arrangements-Fred Figueroa

First your hand!

Y pon tu mano adentro pon tu mano afuera pon tu mano adentro Y agita sin parar

Haz el Hokev Pokev Una vuelta cha cha cha De eso se tratará

Your foot!

Y pon tu pie adentro Y pon tu pie afuera Y pon tu pie adentro Y agita sin parar

Haz el Hokev Pokev Una vuelta cha cha cha De eso se tratará

Your head!

Pon tu cabeza adentro tu cabeza afuera tu cabeza adentro Y agita sin parar



Haz el Hokey Pokey Una vuelta cha cha cha De eso se tratará

Now your leaf

Y pon tu pierna adentro pon tu pierna afuera pon tu pierna adentro Y agita sin parar

Haz el Hokey Pokey Una vuelta cha cha cha De eso se tratará

Your whole body!

Y pon tu cuerpo adentro Y pon tu cuerpo afuera Y pon tu cuerpo adentro Y agita sin parar

Haz el Hokey Pokey Una vuelta cha cha cha De eso se tratará

El Hokey Pokey, El Hokey Pokey....

Hokey Pokey

10. Michael and María Duration: 2:12

Vocals-Ana L. Divins; Lyrics composer -Irania Macías Patterson; Keyboard, Acoustic Guitar and Musical Arrangements -Fred Figueroa

Once upon a time, there were two little children, Michael and María, And they wanted to play Michael spoke English María, Español

Do you want to play? ¿Tu quieres jugar?

Yes I want to play, Si quiero jugar Let me show you a way we can all have fun Let me show you a way we can all have fun

What's your name?

¿Y tu cómo te llamas? My name is Michael I am your friend, let's go have a super day. Si si si si, vamos ya vamos todos a jugar.

Come with me, ven ven ven, Let's go have a super day

11. Nature Duration: 2:09

Vocals-Irania Patterson; Lyrics composer-Irania Macias Patterson

> Lluvia cae, lluvia cae Peter Pater, Peter Pater, Lluvia cae, lluvia cae

Rain is falling, rain is falling Peter Pater, Peter Pater, Rain is falling, rain is falling

Viento sopla, viento sopla Peter, Pater, Peter, Pater Viento sopla, viento sopla



From the corner of the Artist Artistas:

Ana Lucia Divins, from Cali-Colombia, is the "mami" of two bilingual children, Sofia and Nicholas. She is an Industrial Engineer. Winner of remarkable music contests throughout high school and college in Colombia and the singer of a Spanish rock band in Charlotte, NC in 2001. Currently she works in the financial industry, leading initiatives to serve the Latino population of the US.

"Music has always been a very important part of my life, I can't run and I can't hide.... It will always find me... and this time it is finding me in the best way ever, with this great musical project, inspired by the most wonderful gifts of my life, my two little ones. Since the moment I found out that I was pregnant with Micholas, the stret thought in my mind was: "Do I teach him English, Spanish or both?"... Well... I think I figured that one out and now I would like to share with other parents the joy and the satisfaction of seeing our children growing and understanding other languages and other cultures."

Irania Macías Patterson from Caracas-Venezuela is a professional storyteller, a teacher, and a children's author. Since 1987 she has worked for The Public Library of Charlotte and Mecklenburg County. She is also a Master Teaching Artist for Wolftrap Institute and The Blumenthal Performing Art Center. Irania is the author of the bilingual picture book titled "Chipi Chipis Small Shells of the Sea/Chipi Chipis Caracolitos del Mar", this book won the Children's Choice Award 2006 from the International Reading Association. She is also the owner of Expresiones, a Spanish teaching academy for pre-school children. Currently, Irania is completing her Masters Degree in Children's Literature from La Universidad Autónoma de Barrelona in Spain

"Writing, acting and teaching have been motivating forces in my life. I had a fantastic childhood and a loving, stable home that gave me a source of strength to serve children. My parents taught me that life is good and worth living. Today I have the privilege to work with children in settings which allow me to teach love of language, literature, art and culture. When I feel tired, anxious or the other numerous emotions weall experience, I remember the times when I told or read a story to a child. I remember their smile, surprise, wonderment, and request to read it again and again. Their authenticity in whichever language they speak leads me to share with them a piece of that hapow and endurino childhood that I had"

Fred Figueroa, Venezuelan. Talented musician and performer of several Spanish rock bands in Charlotte. NC.

"Ever since a little boy I loved music, spending hours and hours of my time spinning records on my home's stereo system, I can say that after dabbing into different types of music my musical background is more a melodic one and always open to different type of beats and rhythms. Coming from a multi- cultural family I eventually developed a love for music and interest in different cultures. Now as an adult I love to see my music reflected in my sons, they are an extended version

of my love for the arts, both of them have gracefully embraced music as well. To them and to my loved ones I dedicate this musical effort, this could have not been made possible without ANA LU and IRANIA who are the brains of this humble project, at last but not for least I thank God for giving me and my loved ones the ability to make music and reach out to all who wants to hear and learn the universal language of the world "music" and the second most important language in the world "Spanish". I hope you all enjoy our first CD."

Additional Information

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 LLC and Ana L. Divins
- Manufactured by: Music Manufacturing Services
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- Graphic Design: CGRcreative,

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- Lyrics composer and Lyrics adapter:
 Irania Macias Patterson, Expresiones
 LL& Director
- Musical Producer and Performer:
 Fred Figueroa
- · Performer-Vocals: Ana L. Divins
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- For more information about techniques to learn a second language and to find a "Expresiones" Spanish class for you children in Charlotte, NC, go to: www.expresiones.us
- To place an order of the CD Criss Cross Mangosauce go to www.ccmangosauce.com



Special Thanks to:

"Our families for believing in our dreams" "A nuestras familias por creer en nuestros sueños"